



Norfolk Catholic Monthly Cal/News

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From the Principal's Office

What's Your Teen's Productive Homework Style?

Does your teen spend hour after hour on homework that should take no more than two hours to complete? If the answer is yes, Carol Coram, director of the University Preparatory Academy in Seattle, Washington, suggests finding your teen's homework style. Ask your teen the following questions:

1. In which room do you like to do homework—the kitchen, bedroom, family room? Surroundings can make a difference.
2. What are the distractions in that room? Some teens can concentrate when the TV is blaring and their siblings are fighting. Some like soft background music. Others require peace and quiet.
3. Do you like to sit at a desk when doing homework? Or do you feel more comfortable on the floor or in an easy chair?
4. When do you feel most alert? Is that when you do homework? Moving homework time from after dinner to before dinner may make a difference.
5. How many breaks do you take? Too many breaks can interfere with concentration. Based on these answers, has your teen developed a "homework style?" "The payoff," Coram says; "is your teen may have better study skills, higher grades and a greater appreciation for academics."

SacredHeartNorfolk.com

Important Dates continued:

Christmas Concert

The Christmas Concert will be presented on Sunday, December 3rd @ 2:00 p.m. for the Elementary and @ 4:30 p.m. for the Jr. High / High School. Both concerts will be held in the Activities Center.

HOPE

Don't forget to get your HOPE cards for the holiday's. They are awesome gifts for all ages. Check them out at both schools and the Parish Office.

Ticket Taker Schedule

Winter sports ticket taker schedule is up. Please call the office to sign up.

From the faculty and staff @ Norfolk Catholic we wish you a very Merry Christmas and Happy New Year!!

Important Dates

Noon Dismissal

Monday, December 4th will be a noon dismissal due to School of Faith for staff.

SEMESTER TEST

Semester tests will be given on Thursday, December 21st and Friday, December 22nd. We will test periods 2,4 or 5 , 6 and 8 on Thursday and periods 1,3 & 7 on Friday. All school rules apply. The building will be open @ 7:20 a.m. on Thursday on and 8:30 a.m. on Friday. No dress code is required but appropriate dress is expected (jeans).

Test times Thursday are 7:45 a.m. straight through until 12:40 and 9:00 a.m. straight through until 12:40 on Friday. There will be no open campus.

All School Calendar
www.midstatenebraska .org